



Kids Triathlon

Middlebury, VT

For Teams and Individuals 7 to 14 years old
12 pm start on Sunday, September 12th

Swim in the Vermont Sun pool. Run and Bike on Exchange Street.

Kids 7-10

Swim 100 yards, Bike 3 miles, Run .6 miles

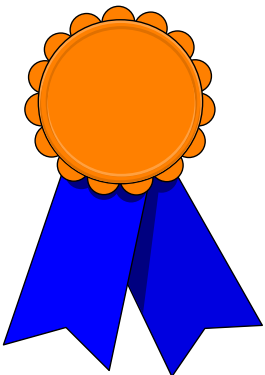
Kids 11-14

Swim 200 yards, Bike 6 miles, Run 1.2 miles



\$15 Entry Fee- Includes:

**Custom Vermont Sun T-Shirt,
Vermont Sun Water Bottle, Custom Medal,
Clif Bars and Race Number!**



Entries must be received by Thursday, September 9th and are limited to 50 teams or individuals. Parents must assist in monitoring the course.

Mail or drop off entries to Vermont Sun Fitness Center (address below).

Questions? Call Vermont Sun at 388-6888.



2010 KIDS TRIATHLON ENTRY FORM
Note: Registration must be received by Thursday, September 9th

First Name: _____ Last _____

Street Address or PO Box: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ T-shirt size: _____ S _____ M _____ L _____ XL

Sex: ___M ___F Age on Race Day _____

Parent Volunteer(s) to Help Monitor Course (Print Names) _____
(Note: at least one parent volunteer is required per entry)

* All entrants receive a custom t-shirt, Vermont Sun water bottle, custom medal, Clif Bar, and custom race number.

Division Choice: Please check the event and category:

Table with 3 columns: Event/Category, Individual *, Team *. Row 1: Sunday, September 12th Vermont Sun KIDS Triathlon, \$15, \$45. Row 2: 12:00 PM start from Vermont Sun - Ages 7-14

Total Amount enclosed: _____

Please send completed registration form and check made payable to Vermont Sun to:

Vermont Sun
812 Exchange St.
Middlebury, VT 05753

WAIVER

Read carefully before signing. In consideration of the acceptance by sponsors of my entry in this event, I hereby waive any liability the sponsors may have to me arising out of my participation in this race, furthermore, I have read the rules and regulations of the event and as a participant in this event I hereby agree to hold harmless Vermont Sun and all sponsors of this race for any damages either physical, personal, or property which may arise in relation to my participation in this event. I am aware that participation in this race may present a serious strain to my body or its parts and I further warrant to the sponsors that to the best of knowledge my child/children are in proper physical condition to allow them to participate.

Parent Signature (Entrants under 18 yrs) _____ Date: _____

Team Name _____

Team Members:

Team Member Name _____ Gender _____ Age: _____

Team Member Name _____ Gender _____ Age _____

Team Member Name _____ Gender _____ Age _____